

Extractions

After You Have Had a Tooth Taken Out:

The first 24 Hours:

1. Do not rinse as this can cause the socket to bleed again
2. Try to relax - No strenuous work, no exercise
3. No Alcohol or Smoking for 72 Hours
4. No Hot Foods / Drinks whilst you are numb as you may scald / burn yourself
5. Take usual pain-relief medication if required as per manufacturer instructions
6. Clean the rest of your teeth as normal
7. Have soft foods - Bananas, Yogurts.
8. Try not to disturb the area with your tongue, toothbrush or any other object
9. If the extraction site starts to bleed, bite down on the LeoDental Bite Pack provided for 20 minutes.

From the following day after treatment:

1. Rinse with Curasept Mouthwash and/or warm salty water as often as you can for at least 3 days.
2. No Alcohol or Smoking
3. Take usual pain-relief medication if required as per manufacturer instructions.

What to expect?

1. Some swelling or discomfort in the area is common
2. A small amount of bleeding

When to call us at LeoDental?

1. If the Pain continues or gets worse following the day of extraction
2. The bleeding does not stop or becomes heavy
3. If you think there is an infection or 'dry socket'

LeoDental Tip:

Our Team at LeoDental are here to help. Should you have any concerns or worries following an extraction, feel free to contact us at LeoDental for helpful professional advice.

