

Teeth Whitening



Teeth Whitening is one of the most popular ways to enhance your smile. At LeoDental we will work with you to restore your teeth to their natural whiteness.

Using Enlighten Whitening, we at LeoDental can ensure the products we use are the most superior and safest, comply with all EU legislation and have been proven to lighten the shade of your teeth.

It is a legal requirement that tooth whitening is carried out by a registered dentist and for this reason it is available only through one of our LeoDentists.

How does Teeth Whitening work?

Teeth darken over time with smoking, ageing and coloured foods and drinks such as tea, coffee, curry and red wine. The Enlighten Whitening Gel works by increasing the teeth's permeability to oxygen which filters into the enamel and breaks down the stain molecules. It is a combination treatment meaning that there is a 2 week home treatment followed by a 40 Minute visit at the dentist.

Will my Crowns or Bridges also be Whitened?

Tooth whitening does not work on existing crowns, bridges or fillings, as the materials used are not susceptible to whitening. Crowns, bridges and fillings can be replaced after whitening to match the final result.

How do we carry out Whitening and What is the Procedure?

For Enlighten Evolution Whitening (Home and Office Kit):

Stage 1: 2 Weeks

Tooth Serum Nano-Repair Toothpaste. For two weeks you use this toothpaste which restores that high gloss look, helps repair the enamel and helps combat any sensitivity.

Stage 2: 2 weeks

Here we give you your bespoke Enlighten whitening trays that fit snugly over your teeth. You then put the Enlighten Evolution Home Whitening Gel inside the trays and wear it overnight for the duration of the two weeks. Results are normally seen during the 2 weeks and your teeth will appear whiter and brighter.

Stage 3: Office Session

Here we see you for an in-office treatment. During this visit we place the Enlighten Evolution Office Gel in your bespoke trays for 40 minutes and watch you get that extra sparkle.



For Enlighten Evo-Day Whitening (Home Kit):

Stage 1: 2 Weeks

Evo-WhiteToothpaste. For two weeks you use this toothpaste which safely removes stains, deposits, plaque and helps combat any sensitivity. An ideal toothpaste to help prolong the effects of whitening treatment.

Stage 2: 2 weeks

Here we give you your bespoke Enlighten whitening trays that fit snugly over your teeth. You then put the Enlighten Evolution Evo-Day Whitening Gel inside the trays and wear it during the day for the duration of the two weeks, for 1-3hours per day. Results are normally seen during the 2 weeks and your teeth will appear whiter and brighter.

Is Teeth Whitening Safe?

Constant studies have been carried out to show Teeth Whitening by the method we use is very safe. The whitening gel is harmless and you cannot damage your teeth.

How successful is Teeth Whitening and How long does it last?

It depends on whether you smoke, or consume large quantities of tea, coffee, red wine and stained foods. Most patients have great results due to the superior product we use in Enlighten Whitening coupled with the LeoDental Service. However, some choose to top up with "top-up" gels for those special occasions.



What must I not do during the bleaching process?

You should try your utmost to avoid anything that would stain a white cloth. Try to avoid tea, coffee, red wines, curries, beetroots, tomato sauces and red meats.

Drinks should mainly be water, milk, white wine, lemonade and foods that can be enjoyed are: dry foods, grains, lentils, breads, fruits and lean meat.

Price List

Enlighten Evolution Whitening
(Home and Office Kit)
£495.00

Enlighten Evo-Day Whitening
(Home Kit)
£350.00

